

The essence of human consciousness and reality.

What is reality? I guess many could state that reality is what our 5 senses allow us to experience in our surrounding environment. Is reality just a manifestation of a physical world that allows us to experience it by the photons that rebound of the surfaces, the physical touch of the phases, the pressure of sound... is this really what reality comes down to? A simple manifestation of physics surrounding a self-aware, conscious body. Is the consciousness merely a combination of these states onto one central processing unit that is capable of combining all these senses so that the body can experience what is around it?

This seems quite an inefficient and meaningless existence. What is therefore the purpose of life? To enjoy our reality while we can and are alive? This then does not explain the purpose of consciousness, a energy force that does not exist in this, so far explained reality. If reality is what we can see, hear, smell, touch and taste... does this mean that the mind does not exist? Or is there more to reality? Is reality simply a byproduct of our minds? In this understanding could reality be what our mind thinks is true and therefore exists differently for each human with an overall structure? Everybody has a different experience for the same environment. A song can bring out emotions of nostalgia and beauty in one while it can bring boredom to another. Does this mean that two different reality exist or just two separate existences of a single reality? One would mean that reality is in the mind (separate emotional and euphoric responses to the same stimulus) as opposed to a simple physical reality where no response would have been given... an indifferent existence.

With this in mind, can reality be described as a combination of both the physical world and our emotional responses to such a world? If so, what controls these emotions? One would say the sub-consciousness of humanity and therefore something beyond touch and our current comprehension.

What if consciousness exists outside of our physical realm and the physical stimulus is just one phase of existence where we have tuned our consciousness to focus on while blocking out a whole completely new world of energy and thought? What if consciousness constantly exists all around us (a God if you will), in a sea of energy and embodies a physical existence only when certain events allow it to. What if there is a certain decision made by this never ending sea of energy (strings maybe?) that decides a physical body (birth) should be encompassed by a singular consciousness to learn and expand on current consciousness and ideas so that upon the death of the being the energy is released into the sea of thought, ideas, imagination and all that was stored in the subconscious is transferred into the ethereal sea.

Could our consciousness be using the physical body in the same sense that humans are seeking virtual reality? To escape the common and experience the uncommon? Could reality just be a vacation or game for the unending energy?

Does it not seem strange at how simplistic and meaningless life appears to be. Upon your death you will be forgotten within a few generations (with a few exceptions). We kill each other, we control each other and rule over each other for personal gain. To feel powerful, wealthy, in charge... for what purpose? What is the final goal of complete domination over one another. We all die. We all become a simple energy. I guess the Holly Sea could be a play on words for the unending ethereal sea where consciousness exists around us... as if it was God that created this "universe". Which would make sense when put in such terms. Could we have had hints all the way along but have kept

them hidden from us as we all might escape this “reality” and return back to our natural state of energy? As if we were put here as punishment, or drew the short stick in a challenge and had to in a sense retrieve valuable information from this reality to release into the ethereal sea around us. As though some piece of information is still missing from the energy around us. Is life a constant learning curve for the energy around us. Are ideas being relived, relearned, re-educated as though to see if there are other choices that would lead to different ideas and therefore further expand consciousness.

There must be more to life than this simplicity. The problem is, the only way to find out... is the loss of one's current conscious state and therefore no memory or idea would be recalled. What if following life memories are retained and passed on to the energy? That would mean that there would be no individualism and therefore one memory cannot be “mine” as opposed to “ours”. If a memory is not mine, is it real? Did it happen? Was it a dream? This could lead onto another spawning of reality for the secondary energy system.

If the physical reality is the basic energy form, could we traverse into higher energy being while retaining our self-aware state?

Are the “higher” powers of this physical world aware of the possibility of such power? If so wouldn't it be expected that they would want to escape to the higher state so that they have further control? Or are they aware that upon escaping they become one with everyone and therefore do not need to control others as it is moulded into a singularity. Are they placed upon this reality to guide matters into a certain direction so that we can better understand the steps the majority take in either being enslaved or freeing themselves? Is it a learning curve with an endgame of a new restart with a new game? As time is relative, our existence could be a blink of the “eye” for a higher state of consciousness.