

GDF INTERNSHIP REPORT FOR K.C. COLLEGE

We make a living by what we get but we make a life by what we give.

-Winston Churchill

Giving back to society is important because not only does it help those in need enjoy better lives but also enriches the giver's life by inculcating the values of philanthropy. Those who donate their time, money, or talents to charity projects improve their communities and the world at large. We, at K.C College, believe strongly in giving back to society. The students at K.C. try to affect good change, foster empathy and compassion, and motivate others to act similarly by lending a hand to the less fortunate. In the past year the students have organised various activities to lend a helping hand to the less fortunate and bring a smile on their face. The college was also involved in giving back not only in terms of charity and community service but also in terms of cleaning up the environment for a better tomorrow.

Here are the community service projects and social service events undertaken and organised by the students of K.C. College in regards to the GDF Internship certificate.

ABHIMAAN

Date: An ongoing project started in February 2022

A health check-up was conducted for the transgender community. Various specialists from general physicians to ENT doctors were present to help the community and better their health and overall lifestyle.

ZARIYA

Date: ongoing till date

This initiative is an ongoing developmental project wherein a village called Jamshet in Palghar has been adopted and is being looked after by the students of K.C. College. Sanitation development, education upgradation and women empowerment are some of the ongoing projects in this initiative.

CONSENT CLASSES

Date: Ongoing since 1st July 2022.

The children of MSLV, and St. Mary's were informed about the consent of touch and what good and bad touch is. A realisation of the importance of knowing ones' self and how to understand ones' own emotions was inculcated in the children

JEEVANDAN

Date: 1st July 2022

A blood donation drive was carried out at Andheri station as the citizens were urged to step up and take a step closer to humanity by giving a generous donation of their blood.

BLOOD DONATION

Blood donation drives were conducted throughout the year at various venues in the city including Dadar Railway station, CSMT Station and KC College.

SAKSHARATA

Date: 7th July & 8th July 2022

The volunteers of KC College collaborated with Jai Hind College to donate books in the Rani Sati Vidyalay on the occasion of World Literacy Day. The volunteers also took up the task of painting the walls of the classrooms for the upgradation of the school.

ORS DISTRIBUTION

Date: 9th August 2022

The students of K.C. College celebrated world ORS Day by handing out ORS sachets to those in need and the lesser fortunate members of society in the slum areas of Banganga along with educating them on how and why to use ORS and what role it plays.

JAADU KI JHAPPI

Date: 26th August 2022

The students of K.C. College appreciated the front-line workers of Saifee Hospital who tirelessly worked during the COVID 19 Pandemic to treat and help the patients affected by the deadly virus. Chocolates, roses and handwritten notes were distributed to the staff to brighten their day and ease the burden of work.

FARMERS' MARKET

Date: 29th August 2022

The volunteers of K.C. College aided in the transportation and selling of the agricultural produce of the farms of Saphale. The farmers were given the resources to mass sell their produce in the markets of Mumbai through the student volunteers of K.C. College.

INTERNATIONAL COASTAL CLEAN UP DRIVE

Date: 10th September 2022

A clean up drive for the coastlines of Juhu and Mazgaon was organised post the Ganapati Visarjan for the betterment of the environment. Celebrities like Anupam Kher and Pariniti Chopra along with famous personality Smt. Amruta Fadnavis, participated in the drive.

MOPPING THE SEAS

Date: 11th of September 2022

The students of KC College organised a beach clean-up in collaboration with **The United Nations Development Programme** and Aakar foundation. Influencers like Unnati Malharkar and Manav Chhabra had come to help the students with the beach clean-up

POLIO VACCINATION

Date: 16th September 2022

A polio vaccine drive was carried out in collaboration with Maternity Hospital at Bhuleshwar for the eradication of polio from society.

NASHA MANA HAI

Date: 26th September 2022

A seminar was conducted for the children of St. Mary's SSC school on the evils of drug addiction and drug abuse. An interactive session with slogan making and other various activities was conducted for the students who took part in the seminar

OLD AGE HOME VISIT

Date: 29th September 2022

KC Volunteers gathered themselves to meet and spend some quality time with the lovely grandmas at All Saints Home Mazgaon.

F.E.S.T [Filling Empty Small Tummies]

Date: 29th September 2022

A food donation drive was set up to donate food boxes to the street kids and the children in slum areas around Asiatic Library.

DIYA PAINTING AND PACKING

Date: 10th - 20th October 2022

The women of Saphale village were empowered with the help of the students by promoting their diya painting and packing venture.

MEDIVERSAL

Date: 10th October 2022

A free and open- to - all medical camp was set up in Lower Parel with the help of the Rotary Club of Bombay Queen City. This medical camp offered a plethora of check-ups for the people of all age groups and any and everyone who wanted to avail of this facility.

WINGS

Date: 14th October 2022

An interactive session was held in various BMC schools about normalizing menstrual hygiene.

The girls in the schools were made to take part in different activities to break the taboo surrounding the topic and get comfortable with the idea of menstrual health and hygiene.

AAROGYAM

Date: 17th October 2022

A health check-up camp was carried out for the Smith Old Age Home in Thane where the senior citizens were provided with basic and important check-ups and guidance about improving their fitness regime and personal hygiene.

DIWALI AT ALL SAINTS HOME

Date: 21st October 2022

A very happy and a joyous Diwali celebration took place at the All Saints Home as the students of KC College visited the senior members to lighten up their day. The students aimed to create a sense of belongingness in the venue and help the residents at the home enjoy Diwali in its true sense.

POSHAAQ

Date: 1st November 2022 to 31st January 2023

A clothes collection and donation drive was carried out by the students where the ideas of thrift shopping and upcycling used clothes were promoted. The clothes collected during the drive were donated to the less fortunate and blankets designed by the students through recycled clothes were donated to the YODA animal shelter.

KONKAN VISIT

Dates: 9th to 11th December 2022

The students of KC College undertook various scientific educational projects in the Konkan region and helped in the construction of toilets. The students also visited the orphanage in the Konkan region and spent some quality time with the children there.

SCIENCE EXPERIMENTS

Date: 25th November 2022

K.C. volunteers when to the Ghatim school in Saphale where science experiments were demonstrated to the students. A scientific temperament was introduced to the students and they were taught how to take a scientific approach to things.

HOLLY JOLLY CHRISTMAS

Date: 19th of December 2022

The students of K.C. College reeled in a Secret Santa celebration to collect gifts and goodies for the less fortunate. In addition to this, educational material and stationery was donated to the kids at Bal Asha Trust and Vatsalya Foundation to help in creating a better tomorrow for them.

BLUE HUES

Event Date: 24th December 2022

The ever-enthusiastic students of K.C. College made a huge impact on society as they volunteered their time and efforts not only within the country but also internationally to aid in cleaning the coastline for the welfare of the marine life. The students educated the citizens of Sri Lanka where they helped in cleaning the beaches.

NSS RESIDENTIAL CAMP

Date: 24th December - 31st December 2022

The volunteers of KC College selflessly aided in the construction of toilets, educational projects and the installation of solar panels throughout the rural areas of Saphale.

THE NEW YEAR ANGEL XPRESS

Date: 4th of January 2023

K.C. College decided to enrich the lives of the children at Angel Xpress Foundation by organising a fun filled extravaganza

RANGEELA

Date: the 5th of January 2023

An all-age group art competition for people with Downs syndrome at OM Creations was held followed by a dance competition. Along with this food boxes and other food items were distributed in large numbers.

ANANDOTSAV

Date: 5th February 2023

A sociocultural fest was organised for the child patients with thalassemia and cancer from Tata Memorial Hospital and the aunties from the Saphale village and All Saint Homes Mazgaon to bring a smile to the faces of the children and of the senior members of society.

KANYADAAN PROJECT

Date: 16th February 2023

The volunteers performed the Kanyadaan ceremony for 4 girls in the Karwale village of Saphale.

PLASTIC COLLECTION

Date: 20th - 23rd February 2023

KC College in a smart move collected plastic waste to create the best out of waste and curate lovely artifacts out of the plastic collected.

ABHAY

Date: 28th February 2023

A felicitation was held to appreciate the workforce of our city who works tirelessly on the ground to make our city a cleaner, safer, a better fed and a developed place. The police department, firefighters, metro construction workers, the Koli community and the famous Dabba-wallas were felicitated in honour of the work they do.

SALAAM BOMBAY

Date: 5th March 2023

Through the Zariya initiative, the students of K.C. College invited the children of Jamshet village in Palghar to come to Mumbai and experience its lifestyle. The children were taken to iconic places like Nehru Science Centre and a very iconic Mumbai Darshan, giving them a vision of how their future could shape up.

SWAYAM SIDDHA PROJECT

A project on Women's Empowerment

A monthly activity where a helping hand was lent in the making, packing and selling of pickles and masalas in the rural region of Saphale. The volunteers advertised the goods and sold them for better prices which in turn was advantageous to the women starting off their small businesses.

Coming to the end of the academic year the students learnt one very important lesson that service to others that are less fortunate is the purest form of love and admiration one can show to the society. K.C. College in the true spirit of service proved Martin Luther King true when he said, "Everyone can be great because everyone can serve".

The students at K.C, with this new zeal, were ready to go out in the world and showcase their love to serve the community that made them and the society they constitute.

To conclude in humility, the representatives of K.C. College served the society to become men and women of character and hold up the most important tradition of giving back to society.

P.S.: for a deeper insight to our projects please refer to the google link for the photos of the various projects undertaken by K.C. College.

<https://drive.google.com/drive/folders/1zSjQd4XbWfr0soEBgBbujfsdyMzcuOUj>