



About Us

Daily we read more reports of the 'public health time bomb' that is being created through the eating, drinking, drug taking and smoking habits of this generation of teenagers.

The **How to Drug Proof Your Kids**® program was developed by Focus on the Family Australia in response to the needs of parents and has now been adapted for use in New Zealand, Canada, the United Kingdom, France, South Africa and the USA.

This six 2-hour programme is based on sound research that clearly indicates the importance of a healthy family environment, where high levels of parent connectedness can substantially reduce the risk of harmful drug abuse by their children.

Better informed parents communicate more effectively, and a knowledge of available resources puts parents in a position to significantly reduce the risks.